











# **PROGRAM**

The 6th Edition of the International Conference

**SEC – IASR 2022** 

"Sports, Education, Culture -Interdisciplinary Approaches in Scientific Research"

27<sup>th</sup> - 29<sup>th</sup> MAY, 2022

GALAŢI ROMÂNIA

# **In Collaboration With**



# FÉDÉRATION INTERNATIONALE D'EDUCATION PHYSIQUE ET SPORTIVE



# PHYSICAL EDUCATION AND SPORT FACULTY



# GALATI COUNTY SCHOOL INSPECTORATE



# BRĂILA COUNTY SCHOOL INSPECTORATE

ROMÂNIA





"DUNĂREA DE JOS" UNIVERSITY OF GALATI

# **CONFERENCE PROGRAMME**

# First Day, Galați, Friday, 27<sup>h</sup> May, 2022

National Opera and Operetta Theater "Nae Leonard", Mihai Bravu Street, no. 50 (next to Galati Public Garden)		
9.30	Registration of participants	
11.00	Opening Ceremony Welcome Speeches	
	• Laurențiu-Gabriel TALAGHIR, Professor PhD. Hab. – Dean of Faculty of Physical Education and Sport Galați	
	• <b>Puiu Lucian GEORGESCU</b> , Professor PhD. Eng. – Rector of "Dunărea de Jos" University of Galati	
	<ul> <li>Veaceslav MANOLACHI, Professor PhD. Hab. – Rector of USEFS Chişinău, Moldavian Republic</li> </ul>	
	• <b>Gheorghe BALINT</b> , Professor Ph.D. Hab. – Vice-president FIEPS Europe, Romania	
	<ul> <li>Costel FOTEA, - President of the Galati County Council</li> <li>Cezar BICHESCU, Associate Professor, Ph.D. Eng – City manager of Galati</li> </ul>	
11.45	Coffee break	
	Keynotes Presentations	
	• Ilimdar Yalcin (Turkey)	
	• Pavel Ruzbarski (Slovakia)	
12.00	Balint Gheorghe (Romania)	
	Olena Yarmoliuk (Ukraine)	
	• Elena Bendikova (Slovakia)	
13.00 -	Break	
14.00	Y4711	
14.00 - 15.00	Workshop - Galați Movement, health, education - integration of knowledge with	
13.00	practical activities in the current curricular context of Physical Education	
	Education	
Fac	culty of Physical Education and Sport, Gării street, no. 63-65	
15.00 -	Parallel presentation (room A002)	
16.30	Moderator Lecturer PhD. Gheorghiu Aurelian	
	<ul> <li>Metin Gümüşay, Mustafa Can Koç AMATEUR, PROFESSIONAL AND RECREATIONAL KICK BOXING SPORT</li> </ul>	

- Murat Turhan, Mustafa Can Koç
  THE RELATIONSHIP BETWEEN FREE TIME SATISFACTION AND
  MENTAL WELLNESS OF INDIVIDUALS MEMBER OF SPORTS CENTERS
- Iulia Pavlova, Klaudia Zuskova, Natalia Semenova, Laurențiu Gabriel Talaghir
  CROSS-CULTURAL ADAPTATION OF SCREENING SCALE OF POSITIVE

AND NEGATIVE EXPERIENCE WITH UKRAINIAN ATHLETES STUDENTS

 Ali Selman Özdemir, Bekir Erhan Orhan, Aydin Karaçam, Ahmed Malka

THE ROLE OF LEISURE IN SOCIAL COHESION: THE CASE OF INTERNATIONAL STUDENTS IN ISTANBUL

- Hasan Özer, Sezgin Hepsert, Yakup Kılıç
   THE EFFECTS OF RESISTANCE BAND TRAINING ON SEVERAL
   TECHNICAL STRENGTH PARAMETERS IN TAEKWONDO
- Dobrescu Tatiana
   CONSIDERATIONS REGARDING THE USE OF MEANS IN BODYBUILDING TRAINING IN PERFORMANCE CENTERS

# **15.00** – **Parallel presentation** (room A011)

16.30

Moderator Lecturer PhD. Mocanu Mircea Dan

- Nurullah Emir Ekinci, Sinan Erdem Satılmış, Yağmur Güler, Ahmet Tarık Ergüven, Nigar Küçükkubaş DETERMINATION OF THE RELATIONSHIP BETWEEN THE PERCEPTION OF BOREDOM IN LEISURE TIME, NUTRITION AND PHYSICAL ACTIVITY
- Zülbiye Kaçay, Nuh Osman, Yildiz Samet Zengin AN INVESTIGATION OF THE ANXIETY LEVELS OF SPORTS MANAGEMENT STUDENTS ABOUT UNEMPLOYMENT
- Oana Ghervan
   ANALYSIS OF MOTIVATIONAL FACTORS AMONG WOMEN WHO
   ATTEND FITNESS GYMS
- Ilimdar Yalcin
   CRISIS MANAGEMENT IN SPORTS
- Căpriță Florin Dragoș, Balint Lorand
   TOOLS FOR OBJECTIFYING MOTOR ASSESSMENT AND FUNCTIONAL
   ADAPTABILITY OF CHILDREN WITH SEN IN SPECIAL EDUCATION
- Bieru Denisa Enescu, Albină Alina Elena, Brăbiescu Luminiţa Călinescu, Albină Andreea Mihaela, Albină Constantin

DIFFERENCES BETWEEN SPORTIVE DISCIPLINES REGARDING CORTICAL AREAS ACTIVITY

 Zadic Alexandru, Grosu Florina – Emilia, Rozsnyai Radu – Adrian, Grosu Vlad- Teodor
 STUDY ON THE EFFECT OF 9 WEEKS OF DIFFERENT BALANCE TRAINING METHODS FOR SKI INSTRUCTORS

#### Break

# **17.00 – Parallel presentation** (room A002)

18.30

18.30

Moderator Lecturer PhD. Stoica Leonard

# Yalçın Maraşlı, Tolga Berkay Kesen

INVESTIGATION OF SOCIAL MEDIA USAGE PURPOSES OF STUDENTS WHO ACTIVELY PARTICIPATE IN UNIVERSITY SPORTS TEAMS AND STUDENTS WHO LEAD A SEDENTARY LIFE

 Yalçın Maraşlı, Tolga Berkay Kesen, Hakan Güçlü CULTURAL AND PERIODICAL EXAMINATION OF THE CONCEPT OF RECREATION

#### • Braniste Gheorghe

INSIGHTS ON THE PROMINENT EVENTS AND FAMOUS THINKERS OF THE 18TH - 19TH CENTURIES THAT TRIGGERED THE REBIRTH OF THE MODERN OLYMPIC GAMES

# • Ahmet Seçkin Korkmaz, Gülşen Kutluer, Sezgin Hepsert, Yakup Kılıç

THE RELATION OF KINESIOPHOBIA WITH LIFE QUALITY AND THE FEAR OF FALLING AMONGST PREGNANT WOMEN

#### Ciocan Vasile Cătălin

STUDY REGARDING THE USE OF FITNESS EXERCISES DURING MIDDLE SCHOOL PHYSICAL EDUCATION CLASSES

#### Ababei Catalina

STUDY REGARDING THE SATISFACTION LEVEL OF PRIMARY SCHOOL PUPILS REGARDING THE PHYSICAL EDUCATION CLASSES IN THE ON-LINE SYSTEM

# • Greceanu Sabina Maria, Stanescu Monica Iulia OPTIMIZING THE EFFORT CAPACITY IN THE POST-PANDEMIC PERIOD IN PRIMARY AND SECONDARY SCHOOL STUDENTS

• Teriş Ştefan, Enoiu Răzvan Sandu
OPTIMIZATION OF BIOMECHANICSI THE GAME OF FOOTBALL AT YHE
AGE OF 10 TO 12 YEARS THROUGH COMPUTER TECHNOLOGY

#### **17.00** – **Parallel presentation** (room A011)

Moderator Assistant PhD. Gheorghe Carmen

## • Ivan Paula, Gheorghe Daniel

COMPARATIVE STUDY ON THE BEST MEN ATHLETES AT TRIPLE JUMP DISCIPLINE OUTDOOR ALL TIME

# • Hakan Güçlü, Oya Erkut, Aydın Karaçam

COMPARISON OF PHYSICAL LITERACY AND PEDAGOGICAL LITERACY LEVELS OF PHYSICAL EDUCATION AND SPORTS TEACHERS

## Aydın Karaçam, Bekir Erhan Orhan, Ali Selman Özdemir, Alpar Aser Sabuncu

EXÂMINATION OF THE RELATIONSHIP BETWEEN BASKETBALL REFEREE'S MENTAL WELLNESS AND EMOTIONAL REGULATION LEVELS

#### Barıs Baydemir, Zülbiye Kaçay

PHYSICAL PERFORMANCE IN SWIMMERS: STRENGTH AND FUNCTIONAL MOVEMENT ANALYSIS

# • Ciocan Vasile Cătălin, Voinea Nicolae Lucian, Sufaru Constantin Cristuta Alina Mihaela

STUDY REGARDING THE USE OF BASKETBALL-THEMED GAMES WITH A REDUCED NUMBER OF PLAYERS ON A REDUCED COURT, IN MIDDLE SCHOOL

Man Maria Cristina, Ganera Cătălin, Ovidiu Dragos

THE MODIFICATIONS OF ERYTHROPOIETIN VALUES WHILE TRAINING AT MOUNTAIN VS SEASIDE, FAVORING THE INCREASE OF SPORTS PERFORMANCE

Pop Rareş-Mihai, Grosu Vlad Teodor, Grosu Emilia Florina
THE EFFECT OF A BEHAVIORAL INTERVENTION ON TOTAL DISTANCE,
SPRINT DISTANCE, AEROBIC CAPACITY AND MOTIVATIONAL
CLIMATE OF YOUTH SOCCER PLAYERS

# 18.30 End of first day

# PANORAMIC HALL, Hotel Mercure Centrum, Domnească street, 12 19.30 Gala Dinner

# Second Day Galați, Saturday, 28th May 2022

9.00	Morning Coffee
	Faculty of Physical Education and Sport, Gării street, 63-65
10.00 -	Workshop - Buzău
11.30	Movement, health, education - integration of knowledge with
	practical activities in the current curricular context of
	Physical Education
10.00 -	Parallel presentation (room A002)
11.30	Moderator Lecturer PhD. Iordan Andrei
	Nanu Liliana, Manolache Gabriel Marian
	COUNTY CONCEDNING THE DEVELOPMENT OF FINE MOTOR CITIL OUT

- Nanu Liliana, Manolache Gabriel Marian
   STUDY CONCERNING THE DEVELOPMENT OF FINE MOTOR SKILLS IN
   PRESCHOOLERS
- Tohănean Dragoș, Ioan Turcu Ioan, Koronas Vasilios IMPROVING THE TACTICAL TRAINING OF THE MALE HANDBALL PLAYERS - JUNIOR I LEVEL
- Popescu Răducu, Oltean Antoanela
   STUDY ABOUT THE PERCEPTION OF THE PERSONAL AND SOCIAL
  CONTEXT IN WHICH STUDENTS HAVE RESPONSIBILITIES
- Ciocoiu Dana Lucica, Ştefănescu Cătălin Aurelian THE IMPACT OF THE COVID-19 PANDEMIC ON THE COHESION OF THE STUDENTS GROUP AT THE "BASKETBALL" DISCIPLINE
- Stoica Cristina-Elena, Stoica Răzvan POSSIBILITIES FOR A PHYSICAL THERAPY INTERVENTION IN TREATING CERVICALGIAS OF DIFFERENT ETIOLOGIES
- Pârvu Carmen, Harabagiu Neculai, Alistar Gabriel-Daniel "EFFORT-EXEMPT-APP" - AN APPLICATION FOR THE INTEGRATION AND ASSESSMENT OF MEDICALLY EXEMPT STUDENTS IN THE PHYSICAL EDUCATION CLASS

10.00 -	Parallel presentation (room A011)
11.30	Moderator Lecturer PhD. Adam Andreea

- Bieru Denisa Enescu, Gorgan Anamaria, Albină Alina Elena, Călinescu Brăbiescu Luminita, Albină Constantin PARTICULARITIES OF COMPOUND MUSCLE ACTION POTENTIAL' PARAMETERS FOR DIFFERENT SPORTS
- Săndoi Emil Costin

RESEARCH PROJECT ON OPTIMIZING PHYSICAL TRAINING IN FOOTBALL GAME FOR CHILDREN

Maricela Dragomir, Talaghir Laurentiu-Gabriel, Mereută Claudiu

THE EFFECT OF OZONE THERAPY ON MUSCULO- SKELETAL DISORDERS

Cristea Florentina, Mîndrescu Veronica, Codreanu Mircea, Nanu Liliana

APPLICATION OF AN EXPERIMENTAL KINETOTHERAPEUTIC PROGRAM FOR THE CORRECTION OF POSTURAL ATTITUDES

- Serbu Iulian, Larion Alin, Popa Cristian BENEFITS OF USING TRX ON YIELD INCREASE DURING TRAINING
- Nanu Liliana, Manolache Gabriel Marian THE ROLE OF PHYSICAL THERAPY IN CORRECTING POSTURE DISORDERS SUCH AS SCOLIOSIS IN MIDDLESCHOOLERS

#### Coffee break 11.30 -12.00

#### Parallel presentation (room A002) 12.00 -

Moderator Lecturer PhD. Cristea Florentina 13.30

- Constantinescu Mariana
  - TEACHERS IN THE CURRENT CONTEMPORARY CONTEXT
- Popescu Răducu, Oltean Antoanela

THE PERCEPTION OF CLIENTS FROM HIGHER EDUCATION ABOUT THE INDEPENDENT PRACTICE OF PHYSICAL EXERCISE

Maricela Dragomir

THE EFFECT OF OZONE THERAPY ON MUSCULO- SKELETAL DISORDERS

Manolache Gabriel Marian, Nanu Liliana, Gheorghiu Gabriel

THE ROLE OF ADAPTED FOOTBAL WARM-UP WITH THE HELP OF DYNAMIC STRETCHING EXERCISES

- Stoica Leonard, Bădău Dana, Bădău Adela THE IMPACT OF THEORETICAL NOTIONS DURING THE PANDEMIC OF COVID 19
- Cristea Florentina, Nanu Liliana THE BENEFITS OF PHYSIOTHERAPY IN OBESITY TREATMENT **PROGRAMS**

#### 12.00 -Parallel presentation (room A011) 13.30

Moderator Lecturer PhD. Dobre Andreea Georgiana

Georgescu Carmen - Mariana, Ortănescu Iordăchescu Marina THE EFFECTIVENESS OF FLEXIBILITY DEVELOPMENT METHODS IN SCHOOL GIRLS AGED 12-13

Cristina-Corina Bentea, Teodora-Mihaela Iconomescu, Laurențiu-Gabriel Talaghir, Claudiu Mereuță, Anamaria Berdilă, Carmen Gheorghe

RELATIONSHIPS BETWEEN FINE AND GROSS MOTOR SKILLS, SELF-PERCEIVED COMPETENCES AND SELF-WORTH IN CHILDREN

Berdilă Anamaria, Yarmoliuk Olena, Pavlova Iuliia, **Talaghir Laurentiu-Gabriel** 

STUDY REGARDING BALANCE LEVEL OF PRIMARY SCHOOL STUDENTS

- Ilie Onu, Buculei Ioana, Daniel-Andrei Iordan ADVANCED PHYSIOTHERAPY TECHNIQUES FOR PAIN REDUCTION IN KNEE OSTEOARTHRITIS VIA THE ENDOCANNABINOID SYSTEM
- Savu Vasile Cătălin

DEVELOPING COORDINATIVE ABILITIES IN PRIMARY SCHOOL STUDENTS THROUGH THE IMPLEMENTATION OF A TRAINING PROGRAM BASED ON GAMES AND MOTOR ACTIVITIES WITH THE USE OF COLOURS

Cosoreanu Dumitru-Marius, Devecioğlu Sebahattin, **Zanfir Ciprian** 

NEW GENERATIONS OF FANS

Burlui Raluca Madalina, Moisescu Petronel IMPACT OF THE OPTIMUM DEVELOPMENT OF COORDINATIVE CAPABILITIES ÎN THE SCHOOL RESULTS OF PRIMARY SCHOOL STUDENT.

#### Lunch time 14.00 -16.00

#### 16.30 -Parallel presentation (room A002) 18.00

Moderator Assistent PhD. Postelnicu Mădălina

Cristina – Corina Bentea

MOTIVATIONS FOR THE TEACHING PROFESSION: ASSESSING PSYCHOMETRIC PROPERTIES OF THE ORIENTATION FOR TEACHING SURVEY ON PRE-SERVICE TEACHERS

- Caciuc Viorica Torii
  - ETHICAL MANAGEMENT. PART OF THE MANAGEMENT **EDUCATIONAL INSTITUTIONS**
- Olaru Bogdan-Sorin, Iconomescu Teodora-Mihaela, Rus, Mihail-Cristian, Alexe Dan-Iulian

STUDY REGARDING THE MIX BETWEEN THEORY AND PRACTICE IN PHYSICAL EDUCATION

- **Aurelian Gheorghiu** 
  - TACTICE TECHNICAL ASPECTS OF TRAINING IN SCHOOL FOOTBALL REPRESENTATIVITY
- Manolache Gabriel Marian, Nanu Liliana, Melenco Ionel METHODICAL ASPECT OF INTUITION PRINCIPLE AND VIDEO DEMONSTRATIONS IN LEARNING TACTICAL SITUATIONS AT THE SCHOOL MINI-FOOTBALL GAME
- Postelnicu Madalina-Gabriela, Mihaila Ion STUDY ON THE IDENTIFICATION OF MOTOR POTENTIAL AT THE LEVEL OF JUNIOR HANDBALL TEAMS

# **16.30 – Parallel presentation** (room A011)

18.00

Moderator Assistent PhD. Harabagiu Nicolae

• Zanfir Ciprian, Talaghir Laurențiu Gabriel, Teodora-Mihaela Iconomescu

ANALYSIS OF THE EVOLUTION STAGES OF THE BALANCED SCORECARD STRATEGIC PLANNING TOOL

Stoica Leonard, Cemal Özman, Yucel Ocak, Koronas Vasilios

EXPERIMENTAL PROGRAM WITH ALTERNATIVE MEANS FOR THE DEVELOPMENT OF RESISTANCE

Ştefan Nuţ, Claudiu Mereuţă

CONSIDERATIONS CONCERNING THE DIDACTIC CONDUCT IN PHYSICAL EDUCATION EVALUATION WITHIN PEDAGOGICAL HIGH SCHOOLS

Carmen Gheorghe, Claudiu Mereuță

CURRENT METHODS AND MEANS OF MEASURING AND EVALUATING BIOMOTOR PARAMETERS IN PERFORMANCE HANDBALL, IN ROMANIA

 Coja Daniel Mădălin, Georgescu Luminița, Codreanu Corneliu Mircea

THE USE OF VIRTUAL REALITY IN PAIN MODULATION IN SUBACROMIAL IMPINGEMENT SYNDROME

Neculai Harabagiu, Carmen Pârvu

ANALYSIS OF THE EFFICIENCY INCREASE AT RECEPTION FOR THE OUTSIDE HITTER BY MEANS OF THE DATA VOLLEY STATISTIC ANALYSIS SOFTWARE

18.00 End of second day

# Third Day Galaţi, Saturday, 29th May 2022

9.00 -	Coffee morning
10.00	
10.00 -	Local trip in Galați
14.00	
14.00	Closing Ceremony

# INTERNATIONAL SCIENTIFIC COMMITTEE

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- Associate professor Murat AKYÜZ, Ph.D., Celal Bayar University, Manisa, Turkey
- Associate professor Ilvis ABELKALNS, Ph.D., University of Latvia, Letonya
- Associate professor Valerica ANGHELACHE, Ph.D., "Dunărea de Jos" University of Galați, Romania
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- Associate professor Julien Leonard FLEANCU, Ph.D., University of Piteşti, Romania
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- Associate professor Teodora Mihaela ICONOMESCU, Ph.D., "Dunărea de Jos" University of Galati, Romania
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- Associate professor Saima KUU, Ph.D., Tallin University, Estonia
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- Associate professor Yucel OCAK, Ph.D., Afvon Kokatepe University, Turkey
- Associate professor Selhan ÖZBEY, Ph.D., Celal Bayar University, Manisa, Turkey
- Associate professor Ercan POLAT Omer, Ph.D, <u>Ömer Halisdemir University</u>, Niğde, Turkey
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- Associate profesor Ioan TURCU, Ph.D.,"Transilvania" University of Braşov, Romania
- Associate professor Martin ZVONAR, Ph.D., Masaryk University, Brno, Czech Republic
- Associate professor Yaroslav ZORIY, Ph.D., Yuriy Fedkovych Chernivtsi National University, Ukraine
- Associate professor Kadir YILDIZ, Ph.D, Celal Bayar University, Manisa, Turkey
- Associate professor Umut BAÅŽOGLU, Ph.D. Nisantasi University, Turkey
- Associate professor Olena YARMOLIUK, Ph.D, National University of Ukraine on Physical Education and Sport, Ukraine

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Professor Laurențiu Gabriel TALAGHIR Ph.D. Hab., Dean of PHYSICAL EDUCATION AND SPORT FACULTY OF GALATI

CHAIRMAN OF THE CONFERENCE

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